

Yan Oi Tong Chan Cheng Yuk Yee Kindergarten

School Year: 2024/25

Class: K2

Activity Name: Visit to “Brighter Smiles Playland”

Activity Objectives:

1. Learn to maintain oral health through life-based games.
2. Enhance children’s understanding of protecting teeth and improve self-care skills through hands-on activities and animations.

Activity Overview and Record:

The activity was led by a professional dental nurse. Through songs and videos, she introduced the correct methods for choosing a toothbrush and brushing teeth, enabling the children to apply this knowledge in their daily dental care. By visiting the dental clinic and role-playing as dentists and nurses, the children learned about the examination process and the tools used. This helped them understand the procedures of a dental visit and the importance of taking care of their teeth, which also alleviated their anxieties about visiting the dentist.

